

Physical Education

Examination Board: AQA

A Level in Physical Education: 7582

What will I learn?

The course centres around many topics including anatomy and physiology, sports psychology, skill acquisition.

GCSE PE is a good basis for the study of A Level PE, but not essential, and some of the concepts covered are studied in more depth and detail as well as new topics included.

It is a challenging and interesting course and for those students who enjoyed PE at GCSE will enjoy the new challenges this course offers.

Assessment

A Level: x2 2 Hour written exams, 70% of A Level, assessment as a coach or performer in one activity plus a performance analysis 30% of A Level.

Who is the course suited to?

Anybody considering a sport related degree course. Many of our A Level students go on to study sports related degrees at university.

If you are interested and intrigued by the theory of sports science.

What is the structure of the course

The course comprises of the following topic areas, this is part of its appeal as it is broad and varied.

- Applied anatomy and physiology
- Skill acquisition
- Sport and society
- Exercise physiology
- Biomechanical movement
- Sport psychology
- Sport and society and the role of technology in physical activity and sport

Reasons to consider doing Physical Education at A Level:

- The course is broad and varied, you do not get too bogged down with one aspect of sports science.
 - If you enjoy variety, there are a range of very interesting topics to capture your interest.
-