



SAMPLE MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
STARTER Vegetable Soup	STARTER Tomato Soup	STARTER Lentil Soup	STARTER Leek & potato Soup	STARTER Sweet potato & coconut Soup
HOT MAINS Chicken korma with rice & naan	HOT MAINS Steak and mushroom pie with mash & vegetables	HOT MAINS Pasta Bolognese with garlic bread	HOT MAINS Roast pork loin with apple sauce	HOT MAINS Hot dogs with chips & salad or corn
BBQ beef pasta bake & garlic bread	BBQ chicken fillet with new potatoes & vegetables	Seafood paella	Turkey chilli with rice & tortilla chips	Chicken kebab with rice & salad
Salmon & prawn noodles	Quorn Bolognese with pasta & garlic bread	Vegetarian Sausage with mash & vegetables	Spinach & ricotta ravioli in tomato sauce	Pizza with chips & salad
LIGHTER MAINS Chicken Caesar salad	LIGHTER MAINS Feta cheese salad	LIGHTER MAINS Tuna fish salad	LIGHTER MAINS Peri-peri chicken salad	LIGHTER MAINS Prawn cocktail salad
Selection of baguettes ham & cheese	Selection of baguettes ham & cheese	Selection of baguettes turkey & cheese	Selection of baguettes ham & cheese	Selection of baguettes turkey & cheese
DESSERT Blueberry muffins with custard	DESSERT Apple & berry crumble	DESSERT Waffles with maple syrup	DESSERT Chocolate cake With chocolate sauce	DESSERT Doughnuts or Jelly & ice cream

Also served every day:

A selection of salads, fresh fruit salad, strawberry/ blueberry fruit yogurt, cheesecake or sundae, freshly baked baguette with butter